

INSTRUCTIONS FOR PAYMENT FOR ENTRY INTO EVENT  
READ CAREFULLY!

**OPTION 1:** ELECTRONICALLY COMPLETE ENTRY FORM IN ITS ENTIRETY TO INCLUDE PAYPAL PAYEE'S NAME IF DIFFERENT THAN THE NAME ON THE ENTRY FORM BEFORE MAKING PAYMENT.

**\*\* PAYPAL PAYEES NAME MUST BE LISTED ON THIS FORM IN ORDER TO LINK PAYMENT TO ENTRY FORM!**

PLEASE REMIT PAYMENT BY CLICKING THE “**BUY NOW**” BUTTON BY SELECTING THE NUMBER OF CLASSES FROM THE DROP DOWN BOX.

**DO NOT SEND E-CHECK!**

YOU MUST SEND PAYMENT USING **CREDIT OR DEBIT CARD**. ONCE PAYMENT IS MADE, EMAIL THIS COMPLETED FORM AS WELL AS THE COMPLETED ENTRY FORM THAT FOLLOWS TO [TITONEJ@AOL.COM](mailto:TITONEJ@AOL.COM).

**PLEASE ATTACH ENTRY AS WORD OR PDF FILE,**

**DO NOT SEND SCREEN SHOT**

**PAYEES NAME** \_\_\_\_\_

**\*\*PLEASE COMPLETE AND SEND THE ENTRY WHEN YOU SEND YOUR PAYMENT, DO NOT SEND ENTRY BEFORE MAKING PAYMENT AND DO NOT MAKE PAYMENT WITHOUT SENDING ENTRY. THIS MAKES ADMINISTRATION WORK MUCH MORE EFFICIENT FOR OUR STAFF.**

**\*\*YOU WILL RECEIVE A CONFIRMATION EMAIL ONCE YOUR PAYMENT AN REGISTRATION HAS BEEN RECEIVED AND PROCESSED. PLEASE ALLOW 7 DAYS FOR THIS PROCESS.**

**OPTION 2:** ENCLOSE COMPLETE ENTRY FORM WITH **MONEY ORDER** OR **CASHIER CHECK** PAYABLE TO “FITNESS & HEALTH SOLUTIONS”

AND MAIL TO:

JACK TITONE

4955 COUNTRY CLUB DR

HIGH RIDGE, MO 63049

BEFORE THE DEADLINE DATE. AFTER DEADLINE DATE, YOU CAN STILL ENTER BUT WITH A ONE TIME \$40.00 LATE FEE



NPC DUEL OF CHAMPIONS  
National Qualifier

www.npcmidwest.com  
titonej@aol.com

NAME \_\_\_\_\_ AGE \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_

ZIP \_\_\_\_\_ EMAIL \_\_\_\_\_ PHONE ( ) \_\_\_\_\_

In consideration of accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, (i) waive any and all rights and claims for damages I may have against Jack Titone, Ann Titone, The National Physique Committee of the U.S.A., Inc., (The NPC) or the agents, employees, representatives or assigns of any of the foregoing persons or entities for any and all injuries or damages I may incur while traveling to and from, or while participating in, this competition; (ii) I certify that I am an amateur in good standing and am eligible to compete in this competition in the Division(s) in which I have entered, and  
(iii) I further agree to abide by all decisions of the NPC and declare that all information contained herein is, to the best of my knowledge, true, correct and complete.

Competitor's Signature \_\_\_\_\_ NPC Card# \_\_\_\_\_

Parent/Guardian Signature if under 18 years old \_\_\_\_\_

**FREE PHOTO PACKAGE FOR EACH ATHLETE**

\*see [www.npcmidwest.com](http://www.npcmidwest.com) website for details

**Registration Costs & Fees: MONEY ORDER ONLY OR CASHIERS CHECK ONLY**

**ENTRY COST:** A nonrefundable fee of **\$90 FOR THE FIRST CLASS \$85.00 EACH ADDITIONAL CLASS**

Please note, there are **NO REFUNDS! NO EXCEPTIONS!**

**LATE FEE:** The late fee is \$40. **TO AVOID** a late fee, your Application & entry payment **MUST BE** post marked **ON** or **BEFORE MAY 3, 2019**. Individuals **CAN** still enter after the deadline **WITH** a \$40.00 late fee!!

**\*MAIL ENTRY AND MONEY ORDER PAYABLE TO:**

Jack Titone  
4955 Country Club Dr  
High Ridge, MO 63049

**NO CERTIFIED MAIL**

**Check the class or classes in which you will compete:**

**MENS:**

TEEN BB \_\_\_\_\_ OPENS MENS BB \_\_\_\_\_ NOVICE MENS BB \_\_\_\_\_  
OPEN MENS MAST BB \_\_\_\_\_ NOVICE MENS MAST BB \_\_\_\_\_  
TEEN MPD \_\_\_\_\_ OPENS MENS PHYSIQUE \_\_\_\_\_ NOVICE MENS PHYSIQUE \_\_\_\_\_  
OPEN MENS PHYSIQUE MAST \_\_\_\_\_ NOVICE MENS PHYSIQUE MASTERS \_\_\_\_\_  
TEEN CLASSIC \_\_\_\_\_ OPEN CLASSIC \_\_\_\_\_ NOVICE CLASSIC \_\_\_\_\_  
NOVICE CLASSIC MASTERS \_\_\_\_\_ OPEN CLASSIC MASTERS \_\_\_\_\_

**WOMENS:**

TEEN WBB \_\_\_\_\_ OPEN WBB \_\_\_\_\_ NOVICE WBB \_\_\_\_\_  
TEEN WPD \_\_\_\_\_ OPEN WPD \_\_\_\_\_ NOVICE WPD \_\_\_\_\_  
NOVICE WPD MASTERS \_\_\_\_\_ OPEN WPD MASTERS \_\_\_\_\_  
TEEN BIKINI \_\_\_\_\_ OPEN BIKINI \_\_\_\_\_ NOVICE BIKINI \_\_\_\_\_  
NOVICE BIKINI MASTERS \_\_\_\_\_ OPEN BIKINI MASTERS \_\_\_\_\_  
TEEN FIGURE \_\_\_\_\_ OPEN FIGURE \_\_\_\_\_ NOVICE FIGURE \_\_\_\_\_  
NOVICE FIGURE MASTERS \_\_\_\_\_ OPEN FIGURE MASTERS \_\_\_\_\_  
TEEN FITNESS \_\_\_\_\_ OPEN FITNESS \_\_\_\_\_ NOVICE FITNESS \_\_\_\_\_  
NOVICE MASTERS FITNESS \_\_\_\_\_ OPEN MASTERS FITNESS \_\_\_\_\_

**PLEASE LIST:**

AGE \_\_\_\_\_ EXPECTED WEIGHT \_\_\_\_\_ HEIGHT \_\_\_\_\_

**INFORMATION, ELEGIBILITY AND OTHER RULES OF COMPETITION AT [WWW.NPCMIDWEST.COM](http://WWW.NPCMIDWEST.COM)**

**CONTACT:**

Jack Titone  
4955 Country Club Dr  
High Ridge, MO 63049  
[titonej@aol.com](mailto:titonej@aol.com)  
[www.npcmidwest.com](http://www.npcmidwest.com)

**VENUE:**

**Ramada Hotel & Convention**  
3321 S. 72<sup>nd</sup> St  
Omaha, NE 68124

**HOST HOTEL:**

**Ramada Hotel & Convention**  
3321 S. 72<sup>nd</sup> St  
Omaha, NE 68124

**\*\*YOU MUST BOOK HOTEL THROUGH THE LINK PROVIDED ON [WWW.NPCMIDWEST.COM](http://WWW.NPCMIDWEST.COM) WEBSITE FOR A REDUCED HOTEL RATE**

**OPEN CHECK-IN: FRIDAY June 7, 2019 AT HOST HOTEL 6:00PM-8:00PM- ALL NPC ATHLETES**

**SATURDAY PREJUDGE: 8:30a.m.-SATURDAY June 8, 2019**

**FINALS: ALL COMPETITORS: 5:00p.m. SATURDAY June 8, 2019**

**Divisions: Novice, Open & Masters  
A National Qualifier**

**MEN:**

**Bodybuilding:** Teen, Bantam weight, Light weight, Middle weight, Light Heavy weight, Heavy weight, Super Heavy weight  
**Bodybuilding Masters:** 4 Classes 35-39, 40-49, 50-59, 60 & over  
**Men's Physique:** 6 Classes: Teen (A)(B)(C)(D)(E)  
**Men's Physique Masters:** 4 classes 35-39 & 40-49, 50-59, 60 & over  
**Men's Classic Physique** 5 Classes: Teen (A),(B),(C),(D)  
**Men's Classic Physique Masters:** 4 classes 35-39 & 40-49, 50-59, 60 & over  
**WOMEN:**  
**Bodybuilding:** Light weight, Heavy Weight  
**Fitness Competitors:** 2 classes Teen (A)  
**Figure:** 5 classes: Teen (A) (B) (C) (D)  
**Masters Figure:** 4 classes: 35- 39, 40- 49, 50- 59, 60 and over  
**Bikini:** 7 classes: Teen (A) (B) (C) (D)(E)(F)  
**Women's Bikini Masters:** 4 classes: 35-39, 40-49, 50-59, 60 & over  
**Women's Physique:** Teen and other classes to be divided by height at check-in.  
**Women's Physique Masters:** one class 35 and over

**Eligibility:** ALL COMPETITORS: (1) Each Competitor must be currently registered with the NPC. To meet this requirement, he/she must present his/her current NPC card, current NPC receipt, or purchase an NPC card at this event (\$125). (2) Each competitor must be an amateur in good standing with the NPC. (3) MASTERS (Men & Women): Each competitor in these Divisions also (a) by June 7, 2019, must have reached the age for the respective Masters class in which he/she has chosen to compete and (b) must provide proof of age with a birth certificate, driver's license or state I.D. TEEN MEN: Each competitor in this Division also (a) must have reached his 13th birthday, but not his 20th birthday by June 7, 2019 and (b) must provide proof of age with a birth certificate, driver's license or state I.D. Athletes this event is open to all residents throughout the USA..  
**Awards:** BEAUTIFUL CUSTOM AWARDS will be presented to places 1-5 in all classes. Beautiful Custom Awards will be awarded to the Men's and Women's Overall Champions.  
**Rules:** ABSOLUTELY NO DREAM TAN IS TO BE USED/ Glaze is allowed. Athletes, who compete in the prejudging, must compete in the evening show. Solid color posing suits only for male bodybuilders. Women only may wear multicolored suits and earrings to the show.

**FOR ALL SPECIAL NEEDS AND REQUESTS PLEASE CONTACT THE PROMOTOR IN ADVANCE TO DISCUSS ARRANGEMENTS.**  
**ALL athletes are presented & showcased at finals**

**Music:** 60 Second Posing Routine Choreographed to Music for bodybuilders, women's physique and classic physique is required. Each athlete must provide 2 Cd's with music that is in good taste without any profanity. Any profanity displayed on the music is an automatic disqualification. No MULTIPLE artist CD's with multiple songs will be accepted. All athletes will be presented at the evening show. ALL competitors will be presented at finals.

**Airport:** Eppley International Airport

**Host Hotel:**

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Omaha, NE 68124

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