

INSTRUCTIONS FOR PAYMENT FOR ENTRY INTO EVENT
READ CAREFULLY!

OPTION 1: ELECTRONICALLY COMPLETE ENTRY FORM IN ITS ENTIRETY TO INCLUDE PAYPAL PAYEE'S NAME IF DIFFERENT THAN THE NAME ON THE ENTRY FORM BEFORE MAKING PAYMENT.

**** PAYPAL PAYEES NAME MUST BE LISTED ON THIS FORM IN ORDER TO LINK PAYMENT TO ENTRY FORM!**

PLEASE REMIT PAYMENT BY CLICKING THE “**BUY NOW**” BUTTON BY SELECTING THE NUMBER OF CLASSES FROM THE DROP DOWN BOX.

DO NOT SEND E-CHECK!

YOU MUST SEND PAYMENT USING **CREDIT OR DEBIT CARD**. ONCE PAYMENT IS MADE, EMAIL THIS COMPLETED FORM AS WELL AS THE COMPLETED ENTRY FORM THAT FOLLOWS TO TITONEJ@AOL.COM.

PLEASE ATTACH ENTRY AS WORD OR PDF FILE,

DO NOT SEND SCREEN SHOT

PAYEES NAME _____

****PLEASE COMPLETE AND SEND THE ENTRY WHEN YOU SEND YOUR PAYMENT, DO NOT SEND ENTRY BEFORE MAKING PAYMENT AND DO NOT MAKE PAYMENT WITHOUT SENDING ENTRY. THIS MAKES ADMINISTRATION WORK MUCH MORE EFFICIENT FOR OUR STAFF.**

****YOU WILL RECEIVE A CONFIRMATION EMAIL ONCE YOUR PAYMENT AN REGISTRATION HAS BEEN RECEIVED AND PROCESSED. PLEASE ALLOW 7 DAYS FOR THIS PROCESS.**

OPTION 2: ENCLOSE COMPLETE ENTRY FORM WITH **MONEY ORDER** OR **CASHIER CHECK** PAYABLE TO “FITNESS & HEALTH SOLUTIONS”

AND MAIL TO:

JACK TITONE

4955 COUNTRY CLUB DR

HIGH RIDGE, MO 63049

BEFORE THE DEADLINE DATE. AFTER DEADLINE DATE, YOU CAN STILL ENTER BUT WITH A ONE TIME \$40.00 LATE FEE



1ST Phorm MIDWEST CHAMPIONSHIP
National Qualifier

www.npcmidwest.com
titonej@aol.com

NAME _____ AGE _____

STREET ADDRESS _____ CITY _____ STATE _____

ZIP _____ EMAIL _____ PHONE (_____) _____

*In consideration of accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, (i) waive any and all rights and claims for damages I may have against Jack Titone, Ann Titone, The National Physique Committee of the U.S.A., Inc., (The NPC) or the agents, employees, representatives or assigns of any of the foregoing persons or entities for any and all injuries or damages I may incur while traveling to and from, or while participating in, this competition; (ii) I certify that I am an amateur in good standing and am eligible to compete in this competition in the Division(s) in which I have entered, and
(iii) I further agree to abide by all decisions of the NPC and declare that all information contained herein is, to the best of my knowledge, true, correct and complete.*

Competitor's Signature _____ NPC Card# _____

Parent/Guardian Signature if under 18 years old _____

FREE PHOTO PACKAGE FOR EACH ATHLETE

*see www.npcmidwest.com website for details

Registration Costs & Fees: MONEY ORDER ONLY OR CASHIERS CHECK ONLY

ENTRY COST: A nonrefundable fee of \$95 FOR THE FIRST CLASS \$85.00 EACH ADDITIONAL CLASS

Please note, there are **NO REFUNDS! NO EXCEPTIONS!**

LATE FEE: The late fee is \$40. **TO AVOID** a late fee, your Application & entry payment **MUST BE** post marked **ON** or **BEFORE MARCH 19, 2019**. Individuals **CAN** still enter after the deadline **WITH** a \$40.00 late fee!

***MAIL ENTRY AND MONEY ORDER PAYABLE TO:**

Jack Titone
4955 Country Club Dr
High Ridge, MO 63049

NO CERTIFIED MAIL

Check the class or classes in which you will compete:

MENS:

TEEN BB _____ OPENS MENS BB _____ NOVICE MENS BB _____
OPEN MENS MAST BB _____ NOVICE MENS MAST BB _____
TEEN MPD _____ OPENS MENS PHYSIQUE _____ NOVICE MENS PHYSIQUE _____
OPEN MENS PHYSIQUE MAST _____ NOVICE MENS PHYSIQUE MASTERS _____
TEEN CLASSIC _____ OPEN CLASSIC _____ NOVICE CLASSIC _____
NOVICE CLASSIC MASTERS _____ OPEN CLASSIC MASTERS _____

WOMENS:

TEEN WOMENS DIVISION _____ OPEN WPD _____ NOVICE WPD _____
NOVICE WPD MASTERS _____ OPEN WPD MASTERS _____
TEEN BIKINI _____ OPEN BIKINI _____ NOVICE BIKINI _____
NOVICE BIKINI MASTERS _____ OPEN BIKINI MASTERS _____
TEEN FIGURE _____ OPEN FIGURE _____ NOVICE FIGURE _____
NOVICE FIGURE MASTERS _____ OPEN FIGURE MASTERS _____
TEEN FITNESS _____ OPEN FITNESS _____ NOVICE FITNESS _____
NOVICE MASTERS FITNESS _____ OPEN MASTERS FITNESS _____

PLEASE LIST:

AGE _____ EXPECTED WEIGHT _____ HEIGHT _____

INFORMATION, ELEGIBILITY AND OTHER RULES OF COMPETITION AT WWW.NPCMIDWEST.COM

CONTACT:

Jack Titone
4955 Country Club Dr
High Ridge, MO 63049
titonej@aol.com
www.npcmidwest.com

VENUE:

Curio Collection by Hilton
1820 Market Street St
St. Louis, MO 63103

HOST HOTEL:

Curio Collection by Hilton in Union Station
1820 Market St
St. Louis, MO 63103

****YOU MUST BOOK HOTEL THROUGH THE LINK PROVIDED ON WWW.NPCMIDWEST.COM WEBSITE FOR A REDUCED HOTEL RATE**

OPEN CHECK-IN: FRIDAY APRIL 19, 2019 AT HOST HOTEL 12:00PM-8:00PM- ALL NPC ATHLETES

SATURDAY PREJUDGE: 9:00a.m.-SATURDAY APRIL 20, 2019

FINALS: ALL COMPETITORS: 5:00p.m. SATURDAY APRIL 20, 2019

**Divisions: Novice, Open & Masters
A National Qualifier**

MEN::

Teen Men: One Class
Bantam wt. 143 and under.
Light wt. Over 143-1/4 and up to and including 154
Middle wt. Over 154 -1/4 and up to and including 176
Light Heavy wt. Over 176-1/4 and including 198
Heavy wt. Over 198-1/4 and up to & including 225
Super Heavy wt. Over 225-1/4.
Men's Masters: 4 Classes 35-39, 40-49, 50-59, 60 & over
Men's Physique: Classes: Teen (A)(B)(C)(D)(E)
Men's Masters Physique: 35-39 & 40-49, 50-59, 60 & over
Men's Classic Physique Classes: Teen (A), (B), (C), (D) Men's
Classic Physique Masters: 35-39 & 40-49, 50-59, 60 & over

WOMENS:

Fitness Competitors: Two classes Teen (A)
Figure: Five classes: Teen (A) (B) (C) (D)
Masters Figure: classes. 35- 39, 40- 49, 50- 59, 60 and over
Women's Bikini: Six classes: Teen (A) (B) (C) (D)(E)(F)
Women's Bikini Masters: classes: 35-39, 40-49, 50-59, 60 & over
Women's Physique, Teen and other classes to be divided by height at check-in.
Women's Physique Masters: one class 35 and over

Eligibility: ALL COMPETITORS: (1) Each Competitor must be currently registered with the NPC. To meet this requirement, he/she must present his/her current NPC card, current NPC receipt, or purchase an NPC card at this event (\$125). (2) Each competitor must be an amateur in good standing with the NPC. (3) MASTERS (Men & Women): Each competitor in these Divisions also (a) by April 20, 2019, must have reached the age for the respective Masters class in which he/she has chosen to compete and (b) must provide proof of age with a birth certificate, driver's license or state I.D. TEEN MEN: Each competitor in this Division also (a) must have reached his 13th birthday, but not his 20th birthday by April 20, 2019 and (b) must provide proof of age with a birth certificate, driver's license or state I.D. Athletes this event is open to all residents throughout the USA..

Awards: BEAUTIFUL CUSTOM AWARDS will be presented to places 1-5 in all classes. Beautiful Custom Awards will be awarded to the Men's and Women's Overall Champions.

Rules: ABSOLUTELY NO DREAM TAN IS TO BE USED! Glaze is allowed. Athletes, who compete in the prejudging, must compete in the evening show. Solid color posing suits only for male bodybuilders. Women only may wear multicolored suits and earrings to the show.

FOR ALL SPECIAL NEEDS AND REQUESTS PLEASE CONTACT THE PROMOTOR IN ADVANCE TO DISCUSS ARRANGEMENTS.

ALL athletes are presented & showcased at finals

Music: 60 Second Posing Routine Choreographed to Music for bodybuilders, women's physique and classic physique is required. Each athlete must provide 2 Cd's with music that is in good taste without any profanity. Any profanity displayed on the music is an automatic disqualification. No MULTIPLE artist CD's with multiple songs will be accepted. All athletes will be presented at the evening show. ALL competitors will be presented at finals.

Airport: STL Lambert International Airport

Host Hotel

Curio Collection by Hilton in Union Station
1820 Market St
St Louis, MO 63103

****YOU MUST BOOK HOTEL THROUGH THE LINK PROVIDED ON WWW.NPCMIDWEST.COM WEBSITE FOR A REDUCED HOTEL RATE**