

INSTRUCTIONS FOR PAYMENT FOR ENTRY INTO EVENT

OPTION 1: ELECTRONICALLY COMPLETE ENTRY FORM IN ITS ENTIRETY TO INCLUDE PAYEE'S NAME IF DIFFERENT THAN THE NAME ON THE ENTRY FORM BEFORE MAKING PAYMENT.

PLEASE REMIT PAYMENT BY CLICKING THE "BUY NOW" BUTTON BY THE ENTRY FORM. DO NOT SEND E-CHECK! YOU MUST SEND PAYMENT USING CREDIT OR DEBIT CARD. ONCE PAYMENT IS MADE, EMAIL THIS COMPLETED FORM AS WELL AS THE COMPLETED ENTRY FORM TO TITONEJ@AOL.COM.

PLEASE SEND AS WORD OR PDF FILE, DO NOT SEND JPEG FORMAT.

PAYEES NAME _____

OPTION 2: ENCLOSE COMPLETE ENTRY FORM WITH MONEY ORDER OR CASHIER CHECK PAYABLE TO "FITNESS & HEALTH SOLUTIONS" AND MAIL TO:

JACK TITONE
4955 COUNTRY CLUB DR
HIGH RIDGE, MO 63049

BEFORE THE DEADLINE DATE. AFTER DEADLINE DATE, YOU CAN STILL ENTER BUT WITH A ONE TIME \$40.00 LATE FEE



1ST Phorm MIDWEST CHAMPIONSHIP
National Qualifier

www.npcmidwest.com
titonej@aol.com

NAME _____ AGE _____
STREET ADDRESS _____ CITY _____ STATE _____
ZIP _____ EMAIL _____ PHONE () _____

In consideration of accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, (i) waive any and all rights and claims for damages I may have against Jack Titone, Ann Titone, The National Physique Committee of the U.S.A., Inc., (The NPC) or the agents, employees, representatives or assigns of any of the foregoing persons or entities for any and all injuries or damages I may incur while traveling to and from, or while participating in, this competition; (ii) I certify that I am an amateur in good standing and am eligible to compete in this competition in the Division(s) in which I have entered, and (iii) I further agree to abide by all decisions of the NPC and declare that all information contained herein is, to the best of my knowledge, true, correct and complete.
Competitor's Signature _____ NPC Card# _____

Parent/Guardian Signature (if under 18 years of age) _____

Registration Costs & Fees:

ENTRY COST: A nonrefundable fee of \$85 is to be submitted for **EACH CLASS** entered.

Please note, there are **NO REFUNDS**. Payments can be made by money order **ONLY!**

LATE FEE: the late fee is \$40. To avoid a late fee, this application & entry cost should be post marked on or before February 28, 2018 Individuals can still enter after the deadline, but payment of the additional late fee is required. **NO CERTIFIED MAIL PLEASE!!**

POSTAL MAIL TO:

Mail this entry form & make payable to:

Jack Titone
4955 Country Club Dr
High Ridge, MO 63049

Check the event, class or classes in which you will compete:

MENS:

TEEN BB _____ OPENS MENS BB _____ NOVICE MENS BB _____
OPEN MENS MAST BB _____ NOVICE MENS MAST BB _____
TEEN MPD _____ OPENS MENS PHYSIQUE _____ NOVICE MENS PHYSIQUE _____
OPEN MENS PHYSIQUE MAST _____ NOVICE MENS PHYSIQUE MASTERS _____
TEEN CLASSI _____ OPENS CLASSIC PHYSIQUE _____
NOVICE CLASSIC PHYSIQUE _____ OPEN CLASSIC PHYSIQUE MASTERS _____
NOVICE CLASSIC PHYSIQUE MASTERS _____

WOMENS:

TEEN _____ OPEN WOMENS PHYSIQUE _____ NOVICE WOMENS PHYSIQUE _____
OPEN WOMEN PHYSIQUE MASTERS _____ NOVICE WOMENS PHYSIQUE MASTERS _____
TEEN FIGURE _____ OPEN FIGURE _____ NOVICE FIGURE _____
OPEN FIGURE MAST _____ NOVICE FIGURE MASTERS _____
TEEN BIKINI _____ OPEN BIKINI _____ NOVICE BIKINI _____
OPEN BIKINI_MAST _____ NOVICE BIKINI MASTERS _____
OPEN FITNESS _____

PLEASE LIST EXPECTED WEIGHT: _____ HEIGHT: _____

INFORMATION, ELIGIBILITY AND OTHER RULES OF COMPETITION AT WWW.NPCMIDWEST.COM

CONTACT: Jack Titone
4955 Country Club Dr
High Ridge MO 63049
titonej@aol.com
www.npcmidwest.com

VENUE: Curio Collection by Hilton
1820 Market Street
St Louis, MO 63103

HOST HOTEL: Curio Collection by Hilton in Union Station
1820 Market St,
St. Louis, MO 63103

OPEN CHECK-IN: FRIDAY MARCH 30, 2018 AT HOST HOTEL

12:00PM-8:00PM- Figure, Women's physique, Fitness, Bikini, Bodybuilding, Men's Physique, Classic Physique

SATURDAY PREJUDGING: 9:00a.m.- MARCH 31, 2018
ALL NPC ATHLETES

FINALS: ALL COMPETITORS 5:00 p.m. – MARCH 31, 2018

GO TO WWW.NPCMIDWEST.COM FOR A REDUCED HOTEL RATE

Divisions: Open & Novice (A national qualifier)

MEN:
Teen Men: One Class
Bantam wt. 143 and under.
Light wt. Over 143-1/4 and up to and including 154
Middle wt. Over 154 -1/4 and up to and including 176
Light Heavy wt. Over 176-1/4 to & including 198
Heavy wt. Over 198-1/4 and up to & including 225
Super Heavy wt. Over 225-1/4.
Men's Masters: 4 Classes 35-39, 40-49, 50-59, 60 & over
Men's Physique: Classes: Teen (A)(B)(C)(D)(E)
Men's Masters Physique: 35-39 & 40-49,50-59, 60 & over
Men's Classic Physique Classes: Teen (A),(B),(C),(D) Men's
Classic Physique Masters: 35-39 & 40-49.50-59, 60& over
WOMENS:
Fitness Competitors: Two classes Teen (A)
Figure: Five classes: Teen (A) (B) (C) (D)
Masters Figure: classes: 35- 39, 40- 49, 50- 59, 60 and over
Women's Bikini: Six classes: Teen (A) (B) (C) (D)(E)
Women's Bikini Masters: classes:35-39,40-49,50-59,60&over
Women's Physique, Teen and other classes to be divided by height at check-in.
Women's Physique Masters: one class 35 and over

Eligibility: ALL COMPETITORS: (1) Each Competitor must be currently registered with the NPC. To meet this requirement, he/she must present his/her current NPC card, current NPC receipt, or purchase an NPC card at this event (\$125). (2) Each competitor must be an amateur in good standing with the NPC. (3) MASTERS (Men & Women): Each competitor in these Divisions also (a) by March 30, 2018, must have reached the age for the respective Masters class in which he/she has chosen to compete and (b) must provide proof of age with a birth certificate, driver's license or state I.D. TEEN MEN: Each competitor in this Division also (a) must have reached his 13th birthday, but not his 20th birthday by March 30, 2018 and (b) must provide proof of age with a birth certificate, driver's license or state I.D. Athletes this event is open to all residents throughout the USA..
Awards BEAUTIFUL CUSTOM AWARDS will be presented to places 1-5 in all classes. Beautiful Custom Awards will be awarded to the Men's and Women's Overall Champions.
Rules ABSOLUTELY NO DREAM TAN IS TO BE USED! Glaze is allowed. Athletes, who compete in the prejudging, must compete in the evening show. Solid color posing suits only for male bodybuilders. Women only may wear multicolored suits and earrings to the show. **All athletes are presented & SHOW CASED at finals.**

Music 60 Second Posing Routine Choreographed to Music for bodybuilders, women's physique and classic physique is required. Each athlete must provide 2 Cd's with music that is in good taste without any profanity. Any profanity displayed on the music is an automatic disqualification. No MULTIPLE artist CD's with multiple songs will be accepted. All athletes will be presented at the evening show. ALL competitors will be presented at finals.

Host Hotel Curio Collection by Hilton in Union Station
1820 Market Street
St Louis, MO 63103

Airport STL International