

INSTRUCTIONS FOR PAYMENT FOR ENTRY INTO EVENT

READ CAREFULLY!

OPTION 1: ELECTRONICALLY COMPLETE ENTRY FORM IN ITS ENTIRETY TO INCLUDE PAYPAL PAYEE'S NAME IF DIFFERENT THAN THE NAME ON THE ENTRY FORM BEFORE MAKING PAYMENT.

**** PAYPAL PAYEES NAME MUST BE LISTED ON THIS FORM IN ORDER TO LINK PAYMENT TO ENTRY FORM!**

PLEASE REMIT PAYMENT BY CLICKING THE **"BUY NOW"** BUTTON BY SELECTING THE NUMBER OF CLASSES FROM THE DROP DOWN BOX.

DO NOT SEND E-CHECK!

YOU MUST SEND PAYMENT USING **CREDIT OR DEBIT CARD**. ONCE PAYMENT IS MADE, EMAIL THIS COMPLETED FORM AS WELL AS THE COMPLETED ENTRY FORM THAT FOLLOWS TO TITONEJ@AOL.COM.

PLEASE ATTACH ENTRY AS WORD OR PDF FILE,

DO NOT SEND SCREEN SHOT

PAYEES NAME _____

****PLEASE COMPLETE AND SEND THE ENTRY WHEN YOU SEND YOUR PAYMENT, DO NOT SEND ENTRY BEFORE MAKING PAYMENT AND DO NOT MAKE PAYMENT WITHOUT SENDING ENTRY. THIS MAKES ADMINISTRATION WORK MUCH MORE EFFICIENT FOR OUR STAFF.**

****YOU WILL RECEIVE A CONFIRMATION EMAIL ONCE YOUR PAYMENT AN REGISTRATION HAS BEEN RECEIVED AND PROCESSED. PLEASE ALLOW 7 DAYS FOR THIS PROCESS.**

OPTION 2: ENCLOSE COMPLETE ENTRY FORM WITH MONEY ORDER OR CASHIER CHECK PAYABLE TO "FITNESS & HEALTH SOLUTIONS" AND MAIL TO:

JACK TITONE
4955 COUNTRY CLUB DR
HIGH RIDGE, MO 63049

POST MARKED BY THE DEADLINE DATE. AFTER DEADLINE DATE, YOU CAN STILL ENTER BUT WITH A ONE TIME \$40.00 LATE FEE WHICH IS COLLECTED AS CASH AT YOUR MANDATORY CHECK IN!!

<p>Divisions: Novice, Open & Masters A National Qualifier</p> <p>MEN: Bodybuilding: Teen, Bantam weight, Light weight, Middle weight, Light Heavy weight, Heavy weight, Super Heavy weight Bodybuilding Masters: 4 Classes 35-39, 40-49, 50-59, 60 & over Men's Physique: 6 Classes: Teen (A)(B)(C)(D)(E) Men's Physique Masters: 4 classes 35-39 & 40-49,50-59, 60 & over Men's Classic Physique 5 Classes: Teen (A),(B),(C),(D) Men's Classic Physique Masters: 4 classes 35-39 & 40-49,50-59, 60& over</p> <p>WOMEN: Bodybuilding: Light weight, Heavy Weight Fitness Competitors: 2 classes Teen (A) Figure: 5 classes: Teen (A) (B) (C) (D) Masters Figure: 4 classes. 35- 39, 40- 49, 50- 59, 60 and over Bikini: 7 classes: Teen (A) (B) (C) (D)(E)(F) Women's Bikini Masters: 4 classes:35-39,40-49,50-59,60&over Women's Physique: Teen and other classes to be divided by height at check-in. Women's Physique Masters: 4 classes 35-39 & 40-49,50-59, 60 & over Wellness: Teen and other classes to be divided by height at check-in. Wellness Masters: 4 classes 35-39 & 40-49,50-59, 60 & over</p>	<p>Eligibility: ALL COMPETITORS: (1) Each Competitor must be currently registered with the NPC. To meet this requirement, he/she must present his/her current NPC card, current NPC receipt, or purchase an NPC card at this event (\$125). (2) Each competitor must be an amateur in good standing with the NPC. (3) MASTERS (Men & Women): Each competitor in these Divisions also (a) by AUGUST 7 2020, must have reached the age for the respective Masters class in which he/she has chosen to compete and (b) must provide proof of age with a birth certificate, driver's license or state I.D. TEEN MEN: Each competitor in this Division also (a) must have reached his 13th birthday, but not his 20th birthday by AUGUST 7, 2020 and (b) must provide proof of age with a birth certificate, driver's license or state I.D. Athletes this event is open to all residents throughout the USA..</p> <p>Awards: BEAUTIFUL CUSTOM AWARDS will be presented to places 1-5 in all classes. Beautiful Custom Awards will be awarded to the Men's and Women's Overall Champions.</p> <p>Rules: ABSOLUTELY NO DREAM TAN IS TO BE USED! Glaze is allowed. Athletes, who compete in the prejudging, must compete in the evening show. Solid color posing suits only for male bodybuilders. Women only may wear multicolored suits and earrings to the show. FOR ALL SPECIAL NEEDS AND REQUESTS PLEASE CONTACT THE PROMOTOR IN ADVANCE TO DISCUSS ARRANGEMENTS.</p> <p>ALL athletes are presented & showcased at finals</p>	<p>Music: 60 Second Posing Routine Choreographed to Music for bodybuilders, women's physique and classic physique is required. Each athlete must provide 2 Cd's with music that is in good taste without any profanity. Any profanity displayed on the music is an automatic disqualification. No MULTIPLE artist CD's with multiple songs will be accepted. All athletes will be presented at the evening show. ALL competitors will be presented at finals.</p> <p>Airport: LAMBERT ST LOUIS INTERNATIONAL AIPORT</p> <p>Host Hotel: PLEASE REFER TO LINK PROVIDED AT WWW.NPCMIDWEST.COM FOR A DISCOUNTED HOTEL RATE</p>
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NPC CENTRAL USA CHAMPIONSHIPS
National Qualifier

www.npcmidwest.com
titonej@aol.com

NAME _____ PHONE _____
STREET ADDRESS _____ CITY _____ ZIP _____
EMAIL _____ AGE _____ HEIGHT _____ EXPECTED WEIGHT _____

In consideration of accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, (i) waive any and all rights and claims for damages I may have against Jack Titone, Ann Titone, The National Physique Committee of the U.S.A., Inc., (The NPC) or the agents, employees, representatives or assigns of any of the foregoing persons or entities for any and all injuries or damages I may incur while traveling to and from, or while participating in, this competition; (ii) I certify that I am an amateur in good standing and am eligible to compete in this competition in the Division(s) in which I have entered, and (iii) I further agree to abide by all decisions of the NPC and declare that all information contained herein is, to the best of my knowledge, true, correct and complete.

COMPETITORS SIGNATURE _____ NPC CARD# _____
PARENT OR GUARDIAN (if under 18 years) _____

FREE PHOTO PACKAGE FOR EACH ATHLETE

*see www.npcmidwest.com website for details

Registration Costs & Fees: MONEY ORDER ONLY OR CASHIERS CHECK ONLY

ENTRY COST: A nonrefundable fee of \$85.00 PER CLASS

Please note, there are NO REFUNDS! NO EXCEPTIONS!

LATE FEE: The late fee is \$40. TO AVOID a late fee, your application & entry payment MUST BE post marked ON or BEFORE JULY 8, 2020. Individuals CAN still enter after the deadline WITH a \$40.00 late fee which will be collected as CASH at check in!!

*MAIL ENTRY AND MONEY ORDER PAYABLE TO:

Jack Titone
4955 Country Club Dr.
High Ridge, MO 63049

NO CERTIFIED MAIL

OPEN CHECK-IN FOR ALL NPC ATHLETES

AUGUST 7, 2020 12PM-8PM HELD AT THE DUNGEON GYM, 2010 KEY WEST DR, ARNOLD, MO 63010

HOTEL:

REFER TO THE LINK PROVIDED AT WWW.NPCMIDWEST.COM FOR DISCOUNTED ROOM

PREJUDGE:

(lineup is posted at www.npcmidwest.com)
AUGUST 8, 2020
1000AM SHARP

FINALS:

600PM SHARP (LINEUP WILL DUPLICATE PREJUDGING)

VENUE:

KIRKWOOD K.S.- THOMAS KEETING THEATER
801 W. ESSEX, KIRKWOOD, MO

INFORMATION, ELEGIBILITY AND OTHER RULES OF COMPETITION AT WWW.NPCMIDWEST.COM

Check the class or classes in which you will compete PLEASE REFER TO THE RULES FOR MASTER AGE BREAKDOWN:

Table with 3 columns and 4 rows of competition divisions. Columns: MENS DIVISIONS, WOMENS DIVISIONS, FITNESS. Rows: BODYBUILDING, PHYSIQUE, FIGURE, WELLNESS. Each cell contains sub-headers like TRUE NOVICE, NOVICE, TEEN, OPEN MASTERS and weight/height categories (35+, 40+, 50+, 60+).